



Schedule of Services

Overview

Expressions Play Therapy offers a range of humanistic play therapy services designed to support the emotional, behavioural, and developmental needs of children. Our approach emphasises empathy, respect, and understanding, facilitating a safe environment for children to express themselves and explore their feelings.

Service Offerings

1. Individual Play Therapy Sessions

- **Description:** One-on-one sessions tailored to the individual needs of the child, using play as a medium for expression.
- **Duration:** 45 minutes
- **Frequency:** Weekly or fortnightly
- **Target Age Group:** 3-12 years
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2. Filial Therapy

- **Description:** Sessions that involve family members to improve communication and strengthen family dynamics through guided play activities.
- **Duration:** 60 minutes
- **Frequency:** weekly or as scheduled
- **Target Age Group:** Families with children aged 3-12 years
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3. Parent Consultation Sessions

- **Description:** Meetings with parents to discuss the child's progress, strategies for supporting emotional development, and to address any concerns.
- **Duration:** 60 minutes
- **Frequency:** Every 5 sessions or as needed
- **Target Audience:** Parents/guardians of children in therapy

4. Non Face to Face Supports

- **Description:** This can include professional meetings with other members of your child's team, such as teacher and other therapists, report writing and preschool/school observations.
- **Duration:** minimum 30 minutes
- **Frequency:** As needed

Pricing Structure

Service	Price (AUD)
Individual Play Therapy Session	\$193.99/session
Family Play Therapy	\$193.99/session
Parent Consultation	\$193.99/hour
Non Face to Face supports	\$193.99/hour

A discounted rate may be offered to a limited number of clients, at the discretion of Expressions Play Therapy.

All prices include GST (if applicable).

Payment Terms

- **Private Clients:** Payment is due on the day of service unless prior arrangements have been made. An invoice will be provided after each session for your records.
- **NDIS Clients:** Invoices will be issued after each session, with payment due within 14 days of the service date.

Cancellation Policy

- Cancellations must be made at least 24 hours in advance to avoid a cancellation fee of up to 90% of the session fee.
- If more than two (2) sessions are cancelled within a single school term, excluding school holidays, emergencies, or sessions previously agreed upon in writing, a holding fee of 50% of the standard session fee may be charged for each additional cancellation. This fee is to retain the allocated session time and ensure continuity of service availability.

Contact Information

For any enquiries or to schedule a session, please contact us at:

Email: info@expressionsplaytherapy.com.au

Phone: 0482 037 571

This schedule of services is subject to change based on client needs and organisational policies. Thank you for considering Expressions Play Therapy for your child's therapeutic journey!